



The Future of SEL LLC



SPEAKER KIT

"Some speakers are all hype and very little substance. Not Future Cain ~her content but more importantly her commitment is 'priceless'. Future's delivery is deep, meaningful and impacting, full of nuggets of how we can make crucial socio-emotional aspects of our lives more nourishing, healthy and fulfilled. If you want a great speaker for your corporate and education events, Future Cain should be your go-to."

FUTURE

SOCIAL EMOTIONAL LEARNING EXPERT

CAIN

"Future Cain was a remarkable panellist who was featured on my Black Wellness in Schools workshop!"

She is incredibly informed, speaks with conviction while challenging us to sit with ourselves to complete the challenging inner work of changing core beliefs. She has rare combination of standing in her unapologetic truth while still keeping her heart and mind open to others.

Future's professional and lived experiences fighting inequities in school prepare her to add value to any conversation regarding education and social justice. I can't wait to collaborate with her again on coming projects.

Sharla Stevenson

CEO and Owner of Healing Racism in Schools, LLC.

FUTURE CAIN

Founder & CEO, The Future of SEL LLC

Future has worked more than two decades in education and is a certified yoga instructor who specializes in Equitable Social Emotional Learning (SEL) to enhance the education, leadership, health, and well-being of business of institutions.

Currently, she serves as the State-wide Project Coordinator for SEL and Mental Health in the state of Wisconsin. Previously she was the Director of SEL and Community Outreach for a k-12 school district where she developed and implemented a district-wide SEL education strategic plan and professional training program.

Future has led in many positions including Assistant Principal. During her time as a school leader, she was able to partner with businesses to have over 50 students receive a fully funded student leadership training.

She has also served as an Academic and Career Planning Coordinator and a Co-Chair on a character education program at the high school level that was recognized at the state and national levels. She is a winner of the 2018 Northshore Milwaukee Rotary Rotarian of the Year, 2018 Northshore Milwaukee Rotary Presidents Cup and currently an executive board member for Rotary's World Affairs Seminar for high school students.

Future has been featured on numerous panels and podcasts for her equity and social justice activism work. She was featured in the New York Times, Forbes, and this CEO has several published a pieces that are featured on K-12 Talk and most recently on The BLVD



FUTURE CAIN

SOCIAL EMOTIONAL LEARNING EXPERT



Your Key SEL Challenges

The 6 top skills identified by the World Economic Forum require effective Social and Emotional Learning:

People management

Coordinating with others

Emotional Intelligence

Judgement and decision making

Service oriented

Negotiation

According to Future, "The world is ever changing and an organization and institutions greatest assets are their people." She uses her targeted expertise to help companies and educational institutions improve their social emotional intelligence, communication skills, relationships, engagement, culture, and current systems. Future asks the right questions at the right time to offer personalized, innovative strategies for productivity at work and at home, ensuring you holistically optimise all the aspects of your life to live and lead well which is most value.

Some employers already recognize the benefits of social and emotional workforce skills in the 21st-century workplace – including global internet giant Google.



Keynote and SEL & Wellness Workshop Facilitator

Future Cain is a sought after and experienced international speaker who is called to speak at a wide range of events, both virtually and in-person.

Some sample topics include but are not limited to:

Self-awareness is the first step in creating a collaborative, equitable environment

Proactive Approach to Employee Mental Wellness

Creating Impact and Change Through Storytelling

Equitable Social and Emotional Learning

Equity and Belonging Is The Work Of ALL

Social Responsibility and Awareness

Living and Leading Well

Self-care is self-less

"I have come to know Future on LinkedIn as a zealous, multi-faceted educator, passionate about Mental Health and Racial Justice. I would like to express profound gratitude for her phenomenal participation in the African History Month. She is the panellist that you do not want to miss at your event."

Daniel Mwambonu

Founder and President, African History Month



Working with Future Cain

These thought provoking, inspiring, engaging, and informational presentations are personally designed to align to the group or the conference's theme and current vision. She believes that the best way for people to learn and apply the knowledge they gain is through hands on learning and interactions.

She often asks others to sit with themselves because she know that all of our answers lie within. Our own self-awareness is exactly where this equity and social and emotional learning work should begin.

To enquire about Future's speaker fee and make a booking, you can contact Future directly at:

Email: thefutureofsel@gmail.com

Web: www.thefutureofsel.com

LinkedIn: [linkedin.com/in/futurecain](https://www.linkedin.com/in/futurecain)



FUTURE CAIN

SOCIAL EMOTIONAL LEARNING EXPERT



FUTURE
SOCIAL-EMOTIONAL LEARNING EXPERT
CAIN

Email: thefutureofsel@gmail.com

Web: www.thefutureofsel.com

LinkedIn: [linkedin.com/in/futurecain](https://www.linkedin.com/in/futurecain)